

# Youth Leadership Retreat

SAMPLE Schedule

Friday, September 30	Saturday, October 1		Sunday, October 2
<b>Arrive at Timber Lake Camp</b> <i>Check-In / Tour</i>	<b>Optional Morning Activities</b> <i>Yoga, Partner Walks, Meditation</i>	<b>Camp Activities</b> <i>(ropes course, arts &amp; crafts, hiking, etc.)</i>	<b>Optional Morning Activities</b> <i>Yoga, Partner Walks, Meditation</i>
<b>Bunk Icebreakers</b> <i>Led by Team Mentors</i>	<b>Morning Wake-Up Call</b>	<b>Leadership Development Workshops</b> <i>(empathetic communication, public speaking, deep listening, etc.)</i>	<b>Morning Wake-Up Call</b>
<b>Dinner + Welcome</b>	<b>Breakfast</b>	<b>Break &amp; Snacks</b>	<b>Breakfast</b>
<b>Vision Boarding</b> <i>What is Advocacy? What is Activism?</i>	<b>Morning Welcome</b>	<b>Activism Workshops</b>	<b>Pack</b>
<b>Free Time</b>	<b>Designing Activism Buttons</b>	<b>Dinner</b>	<b>Taking Action: Letter Writing to a Policy Maker</b>
<b>Evening Bunk Check-In &amp; Quiet Time in Bunks</b>	<b>Interactive Session</b> <i>(with experts on advocacy, activism, &amp; organizing)</i>	<b>Camp Fire and S'Mores</b>	<b>Closing Circle</b>
<b>Lights Out</b>	<b>Break &amp; Snacks</b>	<b>Free Time</b>	<b>Retreat Yearbook Signing, Reflection, &amp; Evaluation</b>
	<b>Conversations that Matter Workshops</b>	<b>Evening Bunk Check-In &amp; Quiet Time in Bunks</b>	
	<b>Lunch</b>	<b>Lights Out</b>	

